

Idiot Proof –

How to make her fall for you on the first Date?



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LOVE - AS I SEE IT

Love has no set pattern. It can happen to anyone, anywhere and at any time. There is no magic formula for falling in or out of love.

When in love everything around you seems lively and cheerful. A person in love imparts happiness and contentment to all concerned in abundance.

Love can be very potent. It is contagious and infectious and enfolds everyone in the vicinity in its cocoon. Love is both an achievement and a sensation.

There are different ways in which one can define love, and at the same time various ways to demonstrate it. Most of the time love is confused with infatuation.

Love is long lasting or you can say everlasting. Infatuation is a form of lust that passes away with time. It has very short shelf life. True love is always unconditional with no strings attached to it. Giving love to anyone does not guarantee it's reciprocal. Fear of losing your love, always makes one appreciate it more.

To truly love someone, you must let them be free. Relationships grow and progress, but love itself is solid and constant. It does not change. Love does not brag, it does not boast, and never commands. It is a precious gift bestowed only on very few.

Relish it and respect it. Remember there is no failure in love. It's a win-win situation. Love is never asked for, it's never forced upon, it's like a free moving wind which takes its own course and direction and cannot be limited into any boundaries.

Love is a charm, a magic and a hallucination. It is like a pied piper, which makes everyone dance to its own tune. Love is a maze, where one can be lost forever. Love is worship, pray it.



Prepare Yourself

Before going out on a date, and that also a special one, prepare yourself for it, after all you are out to impress a girl and make her fall for you. Remember, first impressions are lasting impressions.

Don't make any blunder or mistakes that you would repent later. Opportunities never knock at your door twice. Don't ruin your chances with the girl even before you get started. Plan your strategy, chalk it out and implement it.

Before asking a girl out, try to know as much as you can about her preferences, and her likes and dislikes, and organize your outing accordingly.

Know your budget and make a demarcation as to where and how you are going to spend your money. Don't be stingy, but at the same time there is no need to be spendthrift also.

Remember, today is just your [first date](#) and if all goes well, there will be many more to come. Look out for a place which will be well within your limits.

First of all, decide, do you want a whole day outing, ending with the dinner or is it just a movie and a dinner you are planning for or you would like to have dinner and then go out for dance and drinks later.

It would all depend on how much money and time you would have on you. One might think that just going out for dinner won't give sufficient time to woo a girl and make her fall for him, on the first day itself, and would prefer spending the whole day out with her. In that case, you would require lots of planning.

You might opt for a picnic or a day out excursion or group outing followed by an exclusive private dinner for just two of you. In case, you think you would manage just with a dinner, and dance following it later, your strategy would be entirely different.

Be very sure, to book a restaurant in advance for your dinner. Your eating joint depends on the amount of money you can, or rather you want to spend on the girl. Don't leave the table booking for the last moment.

You don't want to be embarrassed by taking your girlfriend to a restaurant without any prior booking and to find it all full. Keep in mind that the place you have booked, serves the cuisine of your girlfriends taste.

Now that it is decided how and where you are taking your date, take care of your personal physical appearance.

It's very natural to be anxious and nervous before your first date.

Relax your reflexes and be properly rested. You must take a proper sleep the night before. You don't want to be haggard looking with puffy eyes and yawning in between your conversation. That would give an impression that you are not enjoying and are getting bored.

Don't ruin your evening ever before it has started. Proper rest sharpens the mind also and put one on alert.



Next give attention to your personal grooming. Don't just open your cupboard at the last moment and wear anything that you can put your hands on. Take out your clothes beforehand. See to it they are clean and well ironed and no buttons are missing.

Girls are very easily put off by ruffled, dirty, unkempt looks. Shave properly, have bath, use cologne and see to it that your mouth does not give out bad breadth the moment you open it.

Nothing scares off a girl faster than a foul smelling guy. If you sweat a lot, spray some anti sweating deodorants under your arms, because that is the first place where sweat leaves its mark most prominently.

When was the last time, you have had a cut. Go to a salon, get a proper cut done, see to it your nails are tidy, otherwise you can opt for a manicure as well.

It all may sound as a big task, but will not take much of your time if managed properly. Oh! Did you forget to polish your shoes? Since you have already taken so much pains, don't lose points just by neglecting that single aspect.



Wear clean socks and shiny shoes. Stand in front of the mirror and you would see a fine looking, well groomed, handsome man, any girl would love to go out with.

Carry enough money with you. One never knows what might catch a girl's fancy at the last moment. After all it is your first date and you would not want to say 'No' to her for anything.

As it is you want her to fall for you head over heels on the first day itself, so you can't afford to leave anything on chance. It seems by being fully prepared, you have won the half battle already, so, go, your lady love is out there waiting you to woo her, and make her yours.

Unravel the mystery of the mind and body and you would find how easy it is to win over the love and affection of any girl.

Certain guidelines have been mentioned in this book to help you out in your attack, rest you go by your own discretion and judgment. [Follow your instincts](#) and nothing can go wrong.

Girls are emotional fools. Little manipulation, some seduction and a man's false promises and hopes is all, that is needed to make them swoon on their feet. Women of today is dying for romance, they all want their prince charming carrying them away on his white horse. So, look out for your Cinderella from the swarms of girls scattered around and make her yours before she turns into a pumpkin at midnight.

1. Be sincere in your approach

Though in today's modern world, women consider themselves to be equal to men on all footings, but when it comes to emotions, they are far apart.

There is a wide contrast in a man's and a woman's perception when it comes to love and relationship.

A woman uses her heart where man follows his head. It is very easy to win over the love and affection of a girl if you set your mind on it. Be sincere and focused in your approach.

Give her your undivided attention. When with her, be all ears and attentive to her and don't let your mind wander off to your other worries.

Women like to share their problems. They need to vent out their feelings and relieve themselves from the burden of carrying all the emotions and problems in their head.

Give her your uninterrupted attention and listen to her one sided conversation patiently. Don't intervene until she has spoken her heart out and then only lend out your sympathy and your broad shoulder for her to cry on.

[Support her feelings.](#) Never criticize her or make her realize that you do not agree with her thoughts but is being generous by going along.

Appreciate her choice in all respects. Be a part of her success and failures. Rejoice in her happiness and grieve in her sadness. Show



your sincerity and dedication in all the ways possible. Bring out and

emphasize all the similarities between both of you. Let her see her own reflection in you.

Every girl's foremost wish is to convert her man into her own image. Let her have the satisfaction that you both are two souls but one mind. Share her thoughts and present your views on the same wave length.

Let her be confident that you are at her disposal whenever needed. Give her faith and trust in your intentions.

Women, however strong and independent they might be, tends to be clingy when with their boyfriends. Be there for her. She should have the assurance of your total support and strength by her side.

Every man has to win his girl friend's trust. A woman is very suspicious and possessive by nature.

When in her company never makes the mistake of eyeing another girl. Do not give her the occasion to ever doubt you, which might ruin your possibility of being her perspective boy friend.

Your faithfulness and commitment should be imprinted on your face for your girlfriend to see whenever she looks at you. Give her your total commitment.

Give her the [commitment of your heart](#), your thoughts and your feelings. Don't do anything half hearted if you want to win her love. Emotional fools, they might be, but at the same time are very calculative and selective.

They know what is best for them and wait for it patiently before pouncing on it.

When out in the search of friends, everyone looks for one who is flamboyant, funny, adventurous, non-conformist and completely unflappable, but when it comes to choosing a life partner, every girl wants a boy who is sincere, dedicated, committed, faithful and trustworthy.

There is a long list of basic requirements that a girl looks into her perspective future boyfriend before entering into a [relationship](#). It is said that “forewarned is for forearmed”.

So, inculcate all the mentioned qualities in yourself before going for your first date (even if it is just to achieve your target) and woo your girl friend and make a place for yourself in her heart.

2. Romance Her

[Romancing a girl](#) is a sure shot way of winning her love and affection.

Make her feel special and cherished. Give her the impression that you worship the ground that she walks on. For some men romancing comes very naturally, whereas others have to work for it. Being romantic may sound very simple and fun, but, believe me, it’s sheer hard work.

Romance is something very exquisite, personal and endearing. Different people find romance in different things. For some, sunrise and sunset is romantic, while other may feel candles add romance to ambience.

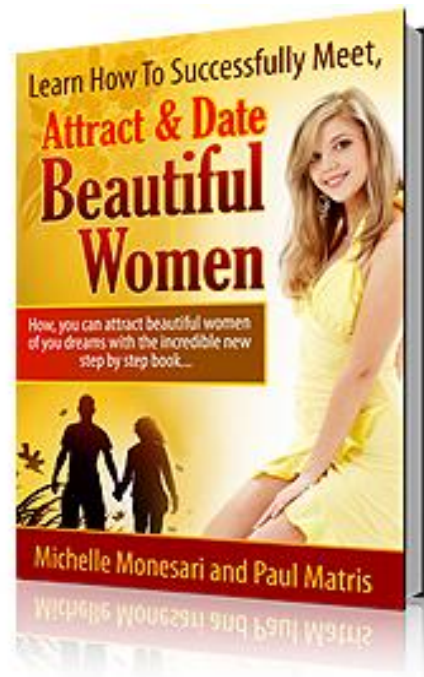
Red is one color which is invariably associated with love and romance. Red roses are the first thing that comes to a person’s mind when thinking of his or her lover.

Music is a sure shot way of luring your girl friend and enticing her. In romance people tend to do silly things, things which in their normal routine they would find impractical and nonsensical. Being love

struck in the public can be a very romantic gesture for your girl friend. Show your feelings for her when in a group.

Compliment her on her looks, on her clothing sense and on her personality. There is no single girl on this earth, who doesn't like to be praised, or is not moved by it.

Women are basically insecure regarding their physical appearance. They constantly need assurance about their looks, and are always fishing for praises and compliments.



Overwhelm your girlfriend by openly appreciating her every smallest details, let it be her flawless complexion, her clothes and accessories, her way of expressing herself, the way she moves or her killing smile.

Give her compliment in front of her friends that can be a very sure way of gaining her [affection](#).

Treat her like a lady. When with her be chivalrous. Open the car door for her, wait for her to sit before you take your seat, pull out the chair for her, and ask her preferences before ordering the meal.

Make her feel cherished and treasured. Keep her mesmerized by making her feel the most important person in your life. Show interest in her, not just in her looks or her physical attributes, but in her as a person.

Give her the impression that you would like to know her deeply and are interested in her as an individual.

Always make an eye contact when speaking to her. Look deep into her eyes and give the impression that for you no one else except, her exists at that moment.

Be sensitive and caring to her smallest needs. Ensure she is comfortable and at her ease. She should have the confidence that nothing can go wrong with you being around.

Be natural and spontaneous. Let there be an easy rapport in between both of you. The time you spend with her, should be quality time.

Number of hours spent together is of very little or of no consequence if there are no compatibility between you two. It's very important that you gel with each other perfectly. Similarities in personalities play an important role in bringing two people closer and binding them with each other.

[Respect her feelings](#) and to her likes and dislikes. Give due credit to her likes and dislikes.

Be lavish with your gifts. Your gifts need not necessarily be very expensive. Give small but thoughtful personal gifts.

When you go to pick your girlfriend for your date, take a rose for her. It's not a compulsion that you carry the whole bouquet. It is the thought that counts.

Make an effort to know about her tastes and likings and gift her box of chocolate or a bottle of wine that she usually enjoys. The smile on her face would make it worth all the pains that you had gone through while making the choice.

Girls, let it be of any age have always been fond of stuff toys. You can surprise her by getting a cute, little, cuddly teddy bear for her. Every little, small thought of yours brings you a step closer in making her fall for you overnight.

3.Seduce Her

There is a major difference between [romance and seduction](#). When you are being romantic, what are involved are your emotions and your feelings.

It is a soul searching process and tests your sensitivity and sincerity. Seduction is more outward and physical. It can be grouped along with lust and infatuation.

Though it is a fact, every woman wants and loves to be wooed and cherished, but at the same time one can't also deny the fact that every person has specific physical needs of their own which needs to be satisfied.

Men have always been notorious for constantly having sex in their mind, but women also carry hormones within them which make them crave for physical intimacy.

Use this weakness in your favor. Flirt with her, tease her, seduce her but remember, do not make any sexual passes on your first date itself.

Convey to her explicitly that though nothing would please you more than kissing and fondling her, but it is not lust that has attracted you to her, it is her as an individual that interests you more.

You have to prove to her that you are different from other men. Keep her in suspense. Talk with your eyes, convey in a subtle manner, how much you are enjoying being in her company and how you long to extend your date.

While talking, accidentally put your hands on her knees, or her shoulders, lean towards her as often as possible, instigate her desires, and then take a back seat.

Let her fantasize and lust for you. Don't give her the satisfaction of taking you for granted. Keep her mesmerized and guessing. In the art of seduction, the hold that you have over your own and your partner's physical desires is the most powerful key to success.

Distance makes the heart grow fonder. Don't give up to your lust, keep her fascinated and at the same time at a distance. Act cool and



unfazed, but keep building up the intimacy level.

Take baby steps, do not hurry. Make very clear to her how much you treasure the time spent together. Try to be a role model. Though she might want you physically herself, but at the same time your restraint would make her respect you even more.

She would be highly impressed to know that it is her as a person that is more important for you rather than just her body, because generally with men it is the other way round.

Keep making innocent, nonsexual touches to keep her desire level boosted, win her heart by displaying your maturity and your self control.

Let her be addicted to you and at the same time overwhelmed by your thoughtful gestures. You will find, all this would ease out your work load for you, as she herself would show her desperation to meet you again as in you she has found a very rare species ,a commodity not easily available in today's modern world.

Your patience and control of today will take you a long way with your girl friend. Like I said in the beginning itself, girls are emotional fools, little cajoling, some manipulation and they are ready to fall in your laps.

4. Be a friend

Let her relax in your company ,don't pressurize or make her feel that she has to prove something to herself and to you on this very first date itself.



Be your natural self and let her also be at ease. Don't let your first date be a testing ground for both of you. Give her some space and time to know you more and at the same time you also utilize this time in learning as much as you can about her.

The basic ingredient for any [successful relationship](#) is supposedly friendship. First and foremost, be her friend, her ally, her confidante. Let her open out to you and talk her heart out.

Make very clear to her that you are not expecting any commitment from her on this very date. Humor plays a very big role amongst friends. Let your sense of humor be your biggest ally in winning your girlfriends heart.

Lay down the ground work and learn what turns her on. Make light hearted conversations, be funny and jovial , keep her enthralled with your talks ,don't let any gaps come in between your conversation ,but at the same time make sure both of you should be an equal participants in the discussion.

Don't let it be one sided, else the other person starts losing interest and their attention gets diverted and sidelined elsewhere. When enquiring her about anything or asking something don't sound interrogative, which might scare her off and can convey entirely wrong message across.

Your talk should be mostly positive, light hearted, relaxing, and entertaining. Throughout the evening don't discuss about anything that is not of mutual interest, let it be people, or hobbies or friends. Think of some common topics and stick to them.

Be a part of her family and her friends circle. Never say anything negative about any of her acquaintances. Praise her in front of her friends and family.

Gently and subtly at any point of time during the evening convey to her that you would like to meet her family and her close circle of friends.

This would give the indication that you are serious about taking this relation further in the future and she is not just a passing fling. Also ask her out for a Sunday lunch with your family. Any girl would feel honored by this request. It would help making your date more personal and special.

Even if not needed ask her advice on any of your personal matter so that to [make her feel important](#) and valuable in your life and to show

her how much her thoughts and views matters to you (you don't have to follow her advice).

Give her the impression that you totally believe in individuality and would never dream of asking her to change her views or for that matter herself for him. You like her as she is, and expect her to remain like that forever.

It would make your image in her eyes go several steps up the ladder. Tell her you believe in giving breathing space to every individual and are not in favor of restricting a person's growth or confining him or her within any boundaries.

She would regard you with greater respect for your thoughtfulness and your broad outlook. Be supportive of her views, her personal feelings and her choice of life.

Let her know that you [respect her as a person](#) and value her friendship at any cost. Emphasize on how much her being in life means to you and how important and precious is your presence for him.

Do not be shy in letting her know how eagerly you have been waiting for this evening and how you don't want this date to ever end and cannot wait to see her again. Be a little melodramatic, it always pleases a girl to see the emotional and vulnerable side of a man.



It makes a girl feel superior to see the kind of hold she has over her boy friend. Remember you have a limited time with you to make your girl friend fall for you. So, use any method that you can dream of to make her yours.

Nothing is wrong in love and war. So, go and fight your battle and win your love. Your lady love is also dying to be yours.

5. Instant Connection

Sometimes it takes days or even months of lusting and drooling for that something special to click or spark between two people, but in certain cases there is an instant connection amongst them. Some might even call it chemistry.

For it to happen it is important for both the boy and the girl concerned to be on the same wavelength. They need to share some

common interests or believes to strengthen their connectivity. By communicating and inter changing the views and thoughts, one can read the other persons mind and relate accordingly.

Discuss your future. Chalking out your plans for the future make her realize about your [seriousness and sincerity](#) about the relationship.

It brings her closer to you if you let her see that just getting laid is not the only purpose of taking her out today. You are thinking of spending your life together in the future and it is a long term lasting affair for you rather than a one night stand.

Be yourself and don't try to impersonate some other person because remember it is you that has attracted the girl in the first place and it is you she is spending her evening with.

So, instead of wasting your time trying to be someone you are not, utilize your precious limited time with her in [gaining her love](#) and confidence by your honesty, personality and straight forwardness.

It is often said that opposite attracts but believe me similarities in personalities matter. Women bond better with guys who are on the same emotional level and think alike.

It makes it easier for the girls to connect with the boys who are in synch and have same preferences and priorities in life. Girls tend to be more practical and make their decisions with a long term vision.

For them compatibility is of prior importance than sexual attraction. They look for permanency in every relationship they enter. So, pamper her wishes, synchronize your thoughts with hers and act as if you feel you both are just made for each other and are perfect together as a couple.

Peep deep into her mind and thoughts, disentangle it and solve the mystery that a woman is supposed to be. Your lady love is yours to keep.



Authors Note

At times I wonder why the need for such books arises.

Men have the basic instinct of catching their own prey. They have the inborn talent to [attract girls and keep them captured](#).

But it seems we cannot generalize on this subject. There are certain men who even though being very handsome, confident and financially stable are shy and uncomfortable when in the company of a woman.

They need to practice and hone their talents regarding ways of approaching and winning a girls heart. I have come across several men who have been benefited from reading books that supervise

and guide them on the ways of making a girl fall for them in a stipulated time period.

Reading and practising have made them more comfortable and confident in a girls company and the results have been very encouraging.

If we look through a girl's angle every girl is on the outlook of a man who is confident, sincere, attentive, dedicated and financially secure. He should have a good personality and the capability of making a girl feel special and treasured when in his company.

They want [commitment](#) and some security in their life. So, a man has to be a little manipulative and meddling when dealing with a girls emotions.

It might be ideally not very proper but if we look at it from a practical outlook, real life just does not work on ideals. So if certain things have to be molded according to the situation let it be so.

Keep in mind making a girl fall for you purposely and intentionally might show some amazing results but if not handled properly can be equally dangerous.

If you are not serious about the girl yet you make her fall for you it can have serious repercussions. So, whatever plan you adopt to woo a girl be very cautious.



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